

FRESHLY BAKED BREAD (D) (CG)

Plain Naan	£3.00	Onion & Pepper Naan	£3.50
Butter Naan	£3.00	Three Cheese Naan	£3.50
Seeded Naan (SS)	£3.50	Keema & Cheese Naan	£3.50
Garlic & Olive Oil Naan	£3.50	Blue Cheese Naan	£3.50
Spicy Lamb Naan Keema	£3.50	Herb Potato Naan (M)	£3.50
Fruit & Coconut Naan (Peshwari S)	£3.50	Buttered Flaky Paratha	£2.75
Chicken Tikka Naan	£3.50	Potato Stuffed Paratha (M)	£3.50
Chicken Tikka & Cheese Naan	£3.50	Chapati	£1.75
Cheese & Herb Naan	£3.50	Roti	£2.00
Chilli & Coriander Naan	£3.50		
Chilli & Garlic Naan	£3.50		
Cheese & Chilli Naan	£3.50		

RICE (GF)

Pilau Rice	£3.50
Steamed Rice	£3.25
Lime & Coconut Rice (M)	£3.95
Mushroom & Spring Onion Rice	£3.95
Mixed Fried Rice (EG)	£3.95
Egg, mushroom, peas & onions	
Caramelised Butter Fried Rice	£3.95
Vegetable Rice (M)	£3.95
Keema Rice (meat)	£3.95
Lemon, Cashew Nut Rice (CN)	£3.95
Egg Fried Rice (EG)	£3.95

ON THE SIDE DRINKS

Coke (1.25 litre bottle)	£3.95
Diet Coke (1.25 litre bottle)	£3.75



We take allergens very seriously. If you have any concerns regarding allergens or intolerances, our staff will be happy to advise.

Please note that our dishes may contain the following allergens that may not be suitable for you:

Vegetarian:	V	Gluten Free:	GF
Peanut:	N	Cereals Containing Gluten:	CG
Cashew Nut:	CN	Sesame Seed:	SS
Mustard:	M	Sulphur Dioxide:	SD
Almond:	ALM	Celery/ Celeriac:	CE
Pistachio:	PS	Lupin:	L
Dairy Product (Milk):	D	Soybeans:	SO
Egg:	EG	Fish:	FIS
Crustaceans:	CR		



BRINGING YOU THE BEST INDIAN STREET FOOD INSPIRED BY THE ROADSIDE EATERIES ACROSS INDIA

DELIVERY IS FREE

*We offer delivery for £1 within 3 miles on all orders over £18, whatever you order, we aim to deliver within the hour.

PAYMENT METHOD

You can order online, all online orders are paid through 3D secure card payment system. For telephone orders, we accept all major credit and debit cards. We are sorry we do not accept cheques.

CATERING SERVICE

Do you want to make a special occasion even more special? "Sarakh's" quality and refined creative dishes can now be delivered and served piping hot to your individual specifications, we can cater for

parties whatever size, please call for details.

FEEDBACK

We value the opinions of our customers and we encourage feedback on our food and on our service. If you would like to comment please click the "feedback" icon on our website.

ALLERGIES

Some of our dishes may contain traces of nuts. If you have any concerns regarding allergies please ask our telephonist for information and advice.

OPENING HOURS

Sunday to Thursday 5:00pm - 11:00pm
Friday and Saturday 5:00pm - 11:30pm

HOW TO FIND US?

Sarakh Restaurant
2 Grove Road
Harpenden, Hertfordshire
AL5 1PX

t 01582 467676
e info@sarakh.co.uk

Find us on   

www.sarakh.co.uk

A JOURNEY THROUGH INDIA



SARAKH

THE ROADSIDE INDIAN

सड़क

TEL: 01582 467676

SARAKH.CO.UK

street food · roadside grill
regional curries · craft beer & gin

NIBBLES

Papadums Plain or Spicy (GF) **£0.90**
Okra Fries (CG) (V) **£3.95**
Chutney **£0.70**

DOSA

South Indian Crepe filled with your choice of
Spiced Potato (GF) (M) (V) **£5.25**
Shredded Chicken (GF) (M) **£5.50**
Paneer Cheese (GF) (M) (D) **£5.50**

IDLI

Savoury rice cake. Served with Sambar (M)
& Coconut chutney (M) (D)
Idli **£4.25**
Sarakh Special Fried Idli **£4.25**

CHAAT

Aloo Papri Chaat **£4.75**
(M) (D) (CG) (V) Crispy pastries,
chickpeas, potatoes with sweet
yoghurt & chutney
Vegetable Samosa Chaat **£5.50**
(M) (D) (CG) (V) Layers of spicy
Chickpeas Punjabi Samosa sweet
yoghurt & Chutney
Pani Puri (V) (CG) **£4.25**
A Savoury Sphere stuffed with spicy
potatoes served with tamarind water to pour

WINGS

Keralan Chicken Lollipop **£4.95**
(EG) (GF) (M)
Sticky Tamarind Wings **£5.25**
(EG) (GF) (SS)

SARAKH TIFFIN PLATTERS

Our chef's assortment of selected Indian canapés

Mixed Platter Per Person **£8.95**
(D) (EG) (CG) Onion Bhajia, Chicken Tikka, Lamb
Roll, Fish Tikka or Haloumi cheese
Barbeque Platter Per Person **£9.95**
(D) Chicken Tikka, Beef Tikka, Lamb Chop, Fish
Tikka or Haloumi cheese

TAWA TAK - A - TAK (GRIDDLE)

Popular street food, shredded main ingredients from below tossed with fresh
herbs, spring onion, peppercorn, red & green peppers & cooked in a tawa

Chicken (M) **£10.95**
Paneer Cheese (M) (D) **£10.50**
Venison (M) **£12.50**
Lamb Kheema (M) **£10.95**
Beef (M) **£10.95**

WINGS

Bang Bang Naga Wings **£5.25**
(spicy) (EG) (GF)

PAKORA

Aubergine (GF) (V) **£4.25**
Tiger Prawn (CR) (CG) **£5.50**
Haloumi (D) (V) **£4.95**

SAMOSA

Chicken (CG) **£3.95**
Lamb (CG) **£3.95**
Sag Aloo (CG) (V) **£3.95**
Onion & Herbs Bhajji **£3.95**
(EG) (M) (GF) (V)
Tiger Prawns Puri (CG) (CR) **£5.95**
Batada Vada **£4.75**
(M) (V) Spiced mashed potato balls in
gram flour batter

Bangla-Scotch Egg (EG) **£5.75**
Quail's eggs wrapped in spicy lamb
Sri Lankan Lamb Rolls (CG) **£4.95**
Tender pieces of lamb cooked
in aromatic spices

Konkani Crab **£6.75**
(CR) (CG) (M) Crispy soft-shell Crab
with garlic sesame & chilli batter
Bengali Crab & Fish Cake **£5.50**
(CG) (EG) (M) (FIS) Fresh water fish
patties infused with lemon grass

Chatpata Crispy Calamari **£5.75**
(CG) (CR) (M) Battered Squid with
peppercorn, salt, garlic, spring onion &
chilli flake

TANDOOR, BBQ + ROASTS

First comes the marinade, then the open-air grill. Picture Bademiya in Colaba, a Bombay institution
since 1942. A balmy night, with newspapers laid out on old car bonnets. You eat. Savour. Spill.

STARTER **MAIN**

Tandoori Chicken
(D) (GF) £5.50 £10.75
Chicken Tikka
(D) (GF) £5.50 £10.75

Three Way Chicken Tikka
(D) (GF) £5.95 £11.75
Cheese & Garlic Green Herb & Chilli & Smoked
Paprika

Kashmiri Lamb Chops
(D) (GF) £7.95 £15.95
Lamb cutlet, marinated with fresh ginger,
Kashmiri spices & green herbs.

Dhuadaar Duck Tikka
(GF) £5.75 £11.50
Ginger, black pepper, tamarind flavoured duck
breast

Monk Fish or Salmon Tikka
(GF) (FIS) £7.95 £15.75
Made with medley of light spices flavoured with
dill & lime leaf

Chicken or Beef Shaslik
(GF) (D) (M) £6.95 £13.50



REGIONAL SPECIALITIES

Old Delhi Butter Chicken **£10.95**
(D) (CG) (SD) Smokey tandoori chicken, in a
fragrant
butter based tomato and cream sauce

Kolhapuri Garlic Chilli Chicken **£10.95**
(M) (GF) Cooked with fresh chillies & lime &
finished with mustard & curry leaves

Goan Green Chicken Curry **£10.95**
(GF) Chicken cooked in a tangy sauce
made from puree of green herbs
tropical lime

Rajasthani Venison Curry **£12.50**
(GF) Venison curry from the land
of famous forts & palaces

Coorgi Coconut Lamb **£10.95**
(ALM) (D) (GF) Lamb cooked with coconut milk
flavoured with cardamon & saffron

Parsee Roast Duck Narangee **£12.50**
(ALM) (GF) (SD) Five spice marinated duck with
ginger, fennel & orange sauce

STARTER **MAIN**

Jumbo King Prawn Rubiyan
(D) (GF) £8.75 £17.50
Jumbo prawns prepared in a special marinade of
greek yogurt, ginger & lime

Achari Haloumi
(D) (GF) £5.25 £10.25
Paneer Cheese Shashlik
(D) (GF) (V) £5.95 £11.95

Marinated with sweet & sour pickling spices
Kasundi Beef Tikka
(M) (D) (GF) £6.25 £12.50
Beef marinated with grain mustard, ginger &
Kashmiri chilli

Lamb Sheek Gilafi
(D) (GF) £5.50 £10.95
Minced lamb marinated in aromatic spices
topped with red onion & coriander

Tandoori Bazaar Sampler
(D) (M) (CR) (GF) (FIS) £18.95
Chef's choice selected from the above with naan
bread of your choice

CLASSIC ALL TIME FAVOURITE CURRIES

With your choice of Meat, Seafood or Vegetables

Chicken **£9.50**
Lamb **£9.95**
Venison **£11.50**
Chicken Tikka **£10.50**
Beef Tikka (M) **£10.50**
Duck Tikka **£10.50**

MILD + CREAMY

Masala* Buttery tomato curry with almond
(ALM) (D) (GF) (SD)
Korma Creamy coconut & almond curry (ALM)
(D) (GF)
Sagwala A creamy spinach & onion curry
(ALM) (D) (GF)

MEDIUM RICH + AROMATIC

Curry A classic medium curry (GF)
Balti
With fresh ginger, lots of herbs & onions (GF)
Dopiazza
With grilled onions & mixed peppers (M) (GF)
Korai With onion, ginger, garlic & garam masala
(M) (GF)
Bhuna Rich with onion, tomato & ginger (GF)

HOT + SPICY

Jalfrezi With caramelised onions, peppers &
chillies (M) (GF)
Rezella Spicy with yoghurt, onion & fresh
chillies (D) (GF)
Naga With Bengali Scotch bonnet unique
aroma (GF)
Dhansak Parsee dish infused with lentils, dry
chilli & lemon (GF)

VEGETABLES (V)

Southern Style Veg **£4.95**
Subzi Porial (dry/saucy) (M) (GF)
Herby Potato Mumbai Aloo (M) (GF) **£4.95**
Sautéed Mushrooms **£4.95**
Khumbi Bhaji (D) (GF)
Cauliflower & Ginger **£4.95**
Gobi Adraki (GF)
Buttered Garlic Spinach **£4.95**
(D) (GF) Lasan Saag Green Beans with
Coconut Narayal
Okra Stir Fried Bhindi Bahar (GF) **£4.95**
Aubergine & Peanut **£4.95**
Bagar e Baingan (N) (D) (CG) (CE)
Garlic Tampered Lentils **£4.95**
Tadka Dhal (GF)
Creamy Black Lentils **£4.95**
Dhal Bukhara (D) (GF)

Tiger Prawns (CR) **£11.50**
Jumbo King Prawns (CR) **£15.00**
Monk Fish (FIS) **£13.95**
Paneer Cheese (D) **£9.25**
Seasonal Vegetables (V) (M) **£8.95**

Pasanda Almond, yoghurt & cinnamon
scented sauce (ALM) (D) (PS)
Kashmiri Banana, mango & coconut curry
(ALM) (D) (GF)
***all masala dishes will be charged with an additional
£1.00**

Biryani*

Rice cooked with your choice of meat (GF)
Rogan
Smoky tomato curry with spring onions (GF)
Achari Garlic (M) (GF)
Garlic clove pickle cooked with onion and herbs
***all biryani dishes will be charged with an additional
£1.95**

Vindaloo Very hot with red chillies & potato
(GF)
Madras Hot curry with dried chillies & lemon
(GF)
Pathia A sweet & spicy tomato based curry
(GF)

Potato & Cauliflower **£4.95**

Aloo Gobi (M) (GF)
Chickpeas & Tomato **£4.95**
Chana Salan (GF)

Smokey Aubergine Mash **£4.95**
Begun Bhortha (GF)

Spinach & Potato Saag Aloo (M) **£4.95**
Spinach & Paneer Cheese **£5.75**
Saag Paneer (ALM) (D) (GF)

Peas & Paneer Cheese **£5.75**
Mutter Paneer (D)

Potato, Cauliflower & Spinach **£5.50**
Aloo Gobi Saag (M)

Mushroom, Potato & Spinach **£5.50**
Khumbi Aloo Saag (M)
Chilli Paneer (M) (D) **£5.75**